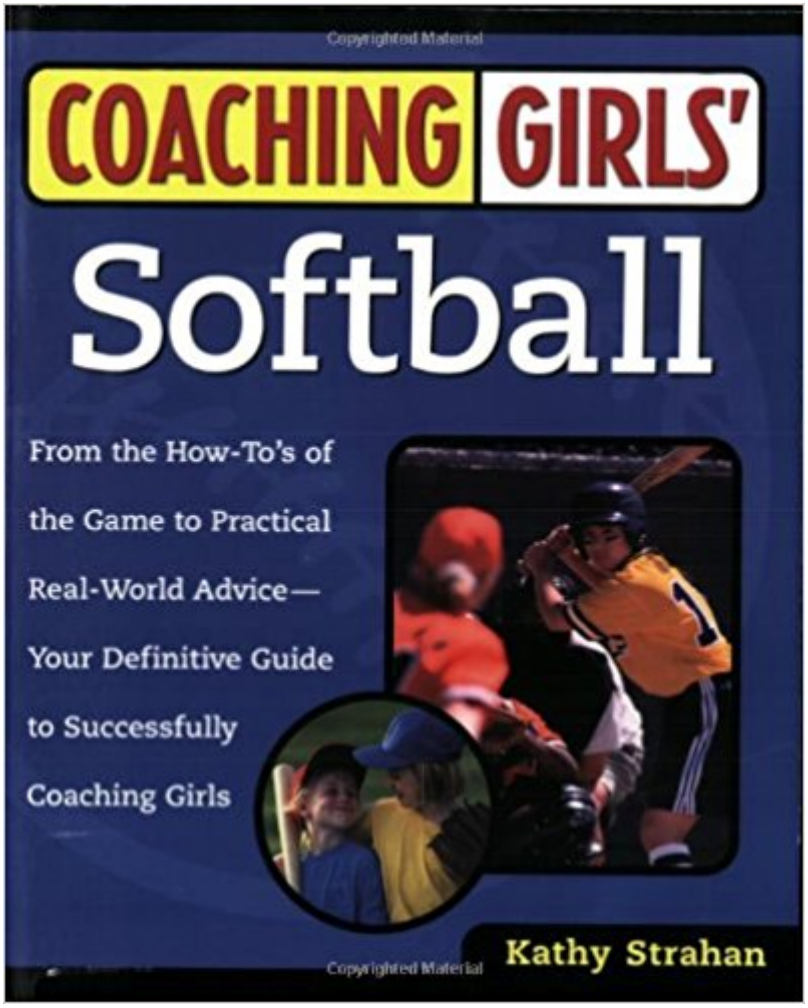
Ebook Directory
the best source of ebook

The book was found

Coaching Girls' Softball: From The How-To's Of The Game To Practical Real-World Advice--Your Definitive Guide To Successfully Coaching Girls



PDF
Adobe
DOWNLOAD EBOOK

Synopsis

Coach Girls for Success on and off the FieldCoaching girls' softball can be a wonderful experience. Witness the intensity of a batter connecting with a ball, a runner digging for home, or a fielder making a great catch, and you can't help but be inspired. The effort, pride, and enjoyment on players' faces are great rewards for parents and the sign of a good coachÃ¢â ¬â •the type of coach you want to be. So how can you get there?Perfect for coaches of girls up to age 13, Coaching Girls' Softball includes everything you need to be an outstanding coach and mentor to your team. Whether you are a seasoned coach looking to fine-tune your skills or a rookie looking to take the field running, you'll discover techniques for success that are tailored specifically to the needs of girls, including:Ã Â Drills and strategies for coaches new to the world of coaching softball Ã Â Tips on what girls want and need from their softball experience Ã Â Practical suggestions on how to motivate in a positive and encouraging way Ã Â Advice for helping girls deal with their changing bodies Ã Â And much more! Now you can be a coaching winner and help bring out the best in your players, both on the field and in the game of life.

Book Information

Series: Coaching Girls

Paperback: 224 pages

Publisher: Three Rivers Press; 1 edition (August 9, 2001)

Language: English

ISBN-10: 0761532501

ISBN-13: 978-0761532507

Product Dimensions: 7.3 x 0.5 x 9.1 inches

Shipping Weight: 13.6 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars 16 customer reviews

Best Sellers Rank: #357,692 in Books (See Top 100 in Books) #18 inÃ Â Books > Sports & Outdoors > Softball #69 inÃ Â Books > Sports & Outdoors > Coaching > Baseball

Customer Reviews

Coach Girls for Success on and off the FieldCoaching girls' softball can be a wonderful experience. Witness the intensity of a batter connecting with a ball, a runner digging for home, or a fielder making a great catch, and you can't help but be inspired. The effort, pride, and enjoyment on players' faces are great rewards for parents and the sign of a good coach--the type of coach you want to be. So how can you get there?Perfect for coaches of girls up to age 13, "Coaching Girls'

Softball includes everything you need to be an outstanding coach and mentor to your team. Whether you are a seasoned coach looking to fine-tune your skills or a rookie looking to take the field running, you'll discover techniques for success that are tailored specifically to the needs of girls, including: -Drills and strategies for coaches new to the world of coaching softball -Tips on what girls want and need from their softball experience -Practical suggestions on how to motivate in a positive and encouraging way -Advice for helping girls deal with their changing bodies -And much more! Now "you can be a coaching winner and help bring out the best in your players, both on the field and in the game of life.

Kathy Strahan has coached major-college sofball for the past 16 years, and since 1992 she has been the head softball coach at California State University, Sacramento. She played on the 1978 United States World Championship team and the gold medal-winning United States team at the 1979 Pan-Am Games. She lives in Folsom, California.

Honestly, I purchased this book by accident. I thought I ordered a different book. I was going to return the book and get the book I wanted but I started to review the book and the book turned out be better then expected. It's a great book not just for the begining coach but its great for coaches who wants to make their coaching experiece more productive. It's a book you can go back too during the season or go over before your season is about to start. I recommend this book.

When I first started reading the book, I felt is was too basic and not what I was looking for. Then as I started to dig into it a little deeper, I found useful information for coaches of all levels. As a coach in 10U rec league, it gave me some new drills, things to think about as far as practice plans and goals for the season. If you want detailed information on a specific part of the game, this is not what you are looking for. It is a good averall, cover all the bases (no pun inteneded) caoching book that I feel any coach will benefit from in some way. It is a good book to have as part of your library. I will reference it each and every season as a reminder of the basic steps you need to be a good coach.

Excellent. First time coach never played since tall when I was 5. Gave me confidence to help the girls win some games and more importantly have fun build their skills and love playing.

Pretty basic stuff. Not as much strategic game-play as I had hoped for. Still, a good book. Good drills. Worth it for BEGINNER coaches.

Good product, easy to read and easy to follow...has good techniques I will be using with my players. Definitely recommend, even to players who aren't coaching just playing, reading this material will definitely strengthen your game.

Coach Strahan offers some of the best coaching tips and tools in girls softball. I would recommend this book to all youth girls softball coaches

Everything as promised

"Coaching Girls Softball" by Kathy Strahan is a great resource for the first time coach. It does not just cover coaching the basic skills of the game, but also such topics as communication with players and parents. It has a great first aid section, and it is one of the few books I have found that covers a coach's liabilities on the field - a subject about which few want to think but everyone should be aware.Chapters 2 and 3 are most interesting, as they discuss the physical, mental and emotion differences between boys and girls (and how that should affect your coaching style). As a converted baseball coach, I soon learned that needed to know more than "girls have cooties" to become an effective girls' softball coach. "Coaching Girls Softball" delivers the best information I've yet seen on the subject of how girls differ from boys and has been invaluable to my own growth as coach.There are several practical guides and lists within "Coaching Girls Softball" that also set this book apart from others, and make it an excellent reference for every coach. Even though I have been coaching for a while, I still use the "time commitment calendar checklist", "first aid kit content list", and "items to include in your parent letter guide", among others, to help me prepare for each season.Though written for the beginning coach, Kathy Strahan tends to draw from her college coaching/playing experience for specific examples in the book. This is effective most of the time, but I would have liked to have heard more "in-the-trenches" stories from her recreational league coaching/playing days since that is the target audience for the book. I think more recreational league memories would have made this book even more powerful and useful for the reader than it already is.A novice coach could not do much better than starting with "Coaching Girls Softball" as their first reference book. Even experienced coaches will find this a great guide for season preparation.

Download to continue reading...

Coaching Girls' Softball: From the How-To's of the Game to Practical Real-World Advice--Your Definitive Guide to Successfully Coaching Girls Coaching Fastpitch Softball Successfully - 2nd

Edition (Coaching Successfully Series) Coaching Girls' Soccer Successfully (Coaching Successfully) Coaching Cross Country Successfully (Coaching Successfully Series) Coaching Volleyball Successfully (Coaching Successfully Series) Coaching Baseball Successfully (Coaching Successfully Series) Coaching Tennis Successfully - 2nd Edition (Coaching Successfully Series) Softball Fielding Drills: easy guide to perfect your softball fielding today! (Fastpitch Softball Drills) Softball Hitting Drills: easy guide to perfect your softball hitting today! (Fastpitch Softball Drills) The Complete Book Of Softball Drills: easy guide to perfect your softball drills today! (Fastpitch Softball Drills) Softball Catchers Drills: easy guide to perfect your softball catching today! (Fastpitch Softball Drills) Bluebook 60 - Fastpitch Softball Rules - 2017: The Ultimate Guide to (NCAA - NFHS - USA Softball / ASA - USSSA) Fast Pitch Softball Rules Softball Pitching Drills: Great Pitching Drills for Fastpitch Softball (Fastpitch Softball Drills) Survival Guide for Coaching Youth Softball (Survival Guide for Coaching Youth Sports) Softball Base Running Drills: easy guide to perfect your base running today! (Fastpitch Softball Drills) The Softball Coaching Bible, Volume I, The (The Coaching Bible Series) Game of Thrones: 100 Question Trivia Game For True Fans (Epic Fantasy Series, Game of Thrones Books, Game of Thrones, Fantasy Books) (Epic Fantasy, Fantasy ... TV, TV Guide, Game of Thrones Book) Winning Softball for Girls (Winning Sports for Girls) (Winning Sports for Girls (Paperback)) The Real Book of Real Estate: Real Experts. Real Stories. Real Life. Hawaii Real Estate Wholesaling Residential Real Estate Investor & Commercial Real Estate Investing: Learn to Buy Real Estate Finance Hawaii Homes & Find Wholesale Real Estate Houses in Hawaii

Contact Us

DMCA

Privacy

FAQ & Help